SILVER SUITE

SILVER SUITE OF SERVICES

YOUR PARTNER IN CARE

SILVER LININGS HEALTHCARE

Centralized Solution For Medical Supplies & Equipment and Mobility Rentals

SILVER Scripts

Specialized pharmacy and medication management services for Transitional Care Units & At-Home Care

Argento Medical

Offering patients carefully selected high quality Medical Cannabis products for alternative therapy solutions

Educational Programs and Solutions to enhance patient safety within Transitional Care and Community

Medical Supplies, Equipment and Mobility

SILVER LININGS HEALTHCARE

Offering a complete selection of medical supplies, mobility devices and equipment

Our Transitional Care & Community Support Program Includes

- Provision of all medical supplies and equipment, ADP authorized mobility equipment, aids to daily living, home healthcare beds and more
- Collaborating to create a standardized TCU equipment and supply list
- Provision of PPE including 3M N95 masks to meet fit test requirements
- Creation of PPE kits based on IPAC and procurement requirements, and delivered to each community program and nurses
- Implementation and scheduled delivery of TCU standing orders for regular and critical stock items
- Access to HealthO, our proprietary secure ordering platform
- Offering Stockless and Low Unit of Measure solutions to align with community based program requirements
- Flexible delivery options available, including next day and same day/emergency to support community and TCU client requirements
- Sessions to support staff and patients on various topics including continence management, skin health, wound management, compression, nutritional supplements, fall prevention and more, to promote best practices and innovation

HealthO

Silver Linings Healthcare is excited to offer our secure online portal for ordering, tracking, and reporting to our customers. The portal was designed and created to meet the specific requirements and nuances of Transitional Care Units and community based / home care clients

- Full visibility of information & communication of client medical supply orders, usage & delivery details
- Customized notes or special requirements can be noted for the Silver Linings Healthcare (SLHC) customer support team
- Increased privacy and security and just-in-time reporting capabilities.
- Detailed order information including products on the rental program by client or by program

SILVER LININGS HEALTHCARE

CONTACT US AT 1-833-733-3146
Email: Orders@SilverLiningsHC.ca

Basics Of Using A Patient Lift

Before using a patient lift, check:

- Patient's physical capabilities
- Check to see if patient can assist with transfer.
- Check patient's weight and physical condition; use manufacturer's guidelines to make sure lift is appropriate.
- Determine how many caregivers are required to safely lift the patient.
- Patient's medical condition
- Make sure you have correct lift and sling for patient's condition.
- Ensure the lift will not make the patient's condition worse.
- Patient's mental status
- If alert, ensure patient is able to understand and follow instructions.
- Make sure patient is ready to be placed in a lift.
- The use of a patient lift should be avoided if the patient is agitated, resistant or combative.

Selecting a Patient's Sling Size

Assess patient's size, weight and hip measurement.
Choose size of sling based on manufacturer recommendation for patient's measurements.
Choosing correct sling size is critical for safe patient transfer.

SLING TOO LARGE: Patient may slip out.

SLING TOO SMALL: Patient may fall out. Sling may worsen patient's condition.

IF BETWEEN SIZES: Smaller size may keep patient more secure.

Sling	Size	Color	Recommended Weight Range (lbs)									
			35	75	100	125	150	175	200	275	350	500
U Sling Head Support Material: Padded	S	Red		70013								
	M	Yellow				70012						
	L	Green						70011				
	XL	Blue								70010		
U Sling Head Support Material: Mesh	S	Red		50027								
	M	Yellow				50026						
	L	Green						50025				
U Sling Material: Padded	S	Red		70003								
	M	Yellow				70002						
	L	Green						70001				
	XL	Blue								70000		

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Support Equipment & Devices

Transfer/Sliding Device

- Vary in material, size, weight and design
- They are used primarily for patients unable to weight-bear
- Use required patient to have good upper extremity strength
- The amount of assistance required varies from patient to patient to help with control of the patient's trunk while they push their body along the device

Transfer/Gait Belts

- Wide cloth belts can be adjusted by either buckles or velcro
- Helpful for patients that need asssitance and a more secure handhold is required
- Should be snug at patients waist
- Care provider should grasp the belt at the back with both hands, prior to proceeding with the planned transfer

Mechanical Lifts

- Decrease the risk of injury by eliminating/reducing forceful movements, awkward postures and repetitive motions associated with manual lifting

Components of Mechanical Lifts

- Manual and Powered Lifts operate similarly. The manual versions have hydraulic cylinders and a hand-pump, the powered patient lifters use rechargeable battery packs and a pushbutton hand control. All lifts share the same nomenclature names as pictured (right)
- To raise the consumer the base of the Hoyer Lifter must be spread to its widest possible position to maximize stability

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Importance of ergonomic and safe patient handling

The physical stresses and exertion involved in caring for patients has caused rising numbers of back injuries and other musculoskeletal problems throughout long-term care, hospital and community care settings

These injuries generally result from the long-term cumulative physical effort of patient transfers as well as acute effects, which result from incidents during transfers.

Ensuring best practices and an ergonomic approach are used through patient handling and transferring is crucial to protect the safety of both caregivers and patients

Transfer vs. Lift

A critical issue in ergonomic patient handling is the distinction between a patient or resident transfer and a lift.

A transfer is a dynamic effort in which the client aids in the transfer and is able to bear weight on at least one leg.

TRANSFER

A lift involves moving a client who cannot bear weight on at least one leg. Lifts should always involve mechanical lifting devices.

LIFT

Injuries to caregivers during patient and resident transfers usually occur when a patient transfer suddenly becomes a patient lift. This is why continual ongoing assessment of the patients capabilities is a critical.

Patients who suddenly lose their balance must be identified to determine whether two caregivers are necessary to affect a transfer or whether a mechanical device is necessary.

The relative sizes of the caregiver and the patient must be considered when one is determining the need for additional staff to aid in a transfer or the need for a mechanical lift. The weight and height differences may dictate the necessity of mechanical assistance.

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Factors To Consider When Assessing

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An assessment of the individual patient must be performed to determine the proper transfer method and clearly outline the degree of mobility and physical impairment.

Patient assessment criteria may include:

- How much assistance does the patient require?
- What is the weight bearing capacity of the patient?
- Does the patient have enough upper body strength to support their weight during the transfer?
- Is the patient co-operative, and can they understand instructions?
- Is the patient able to cooperate with each lift, or does this change each time (e.g., time of day)?
- Are there physical characteristics that should be noted (height, weight, age)?
- Are there special circumstances such as injuries, presence of tubes, history of falls, osteoporosis, fractures, pressure ulcers, splints, history of spasms, etc.?
- Mechanical lifts should be available in all situations where the patient or resident cannot bear weight on at least one leg.

The design and layout of a facility is also a factor in reducing risk factors for caregivers and patients. The space and design of the patient or resident's room (including the bathroom) must allow for the free movement of the caregiver, resident, lifting devices, walkers, and wheelchair etc.

The layout and space must also enable the caregiver to use proper body mechanics and transfer techniques.

Ensure the correct type and size of sling for your patient.

Select sling and cradle based on manufacturer recommendations for the following criteria:

- Type of transfer task
- Patient's medical condition
- Patient's size and weight
- Pressure sensitivity
- Use a cradle that is appropriate for the patient's size.
- Choose cradle/sling combination that will place patient at a safe angle.
- Only use sling with correct clip or loop attachment type for the cradle.
- Need for full back support
- Need for head support
- Need for padding
- Some medical conditions such as stroke, orthopedic conditions, amputations or certain wounds may affect sling choice.

Cradle

Use a cradle that is appropriate for the patient's size.
Choose cradle/sling combination that will place patient at a safe angle.
Only use sling with correct clip or loop attachment type for the cradle.

Prepare Environment

- Determine number of caregivers needed. Most lifts require two or more caregivers to safely operate lift and handle patient.
- Position lift base legs near or around patient's device and position receiving surface at correct height to transfer patient easily.
- Clear path for lift. Ensure there is space for lift to pivot and move freely to receiving area and that the lift is able to fit under or around the receiving surface and through doorways.

Prepare Equipment

- Ensure battery is charged for transfer.
- Test lift controls before bringing lift to patient.
- Make sure the emergency release feature works.
- Ensure receiving surface is stable and locked.
- Ensure slings, hooks, chains, straps and supports are available, appropriate and correctly sized.
- Check lift and sling weight limits.
- Ensure patient's weight does not exceed the limits.
- Examine sling and attachment areas for tears, holes and frayed seams.
- DO NOT USE sling with any signs of wear.

Placing Patient In Sling

- Position center of sling under patient's spine.
- Place leg straps flat under patient; do not let material fold.
- Make sure sling opening is not large enough to let patient slip out or too small to let patient fall out.
- Lower cradle down to patient. Do not let cradle hit patient.
- Attach sling straps to cradle as directed by manufacturer.
- Use matching loops from each side to ensure sling is balanced.
- Choose loops that provide best angle and position for patient.
- Ensure all clips or loops are secure and will stay attached as patient is lifted.
- Ensure straps are not twisted.
- Ensure patient's head and/or back is supported, if needed.

Perform Safety Check

Before lifting the patient, perform safety check:

- Examine all hooks and fasteners to ensure they will not unhook during use.
- Double-check position and stability of straps and other equipment before lifting patient.
- Ensure clips, latches and bars are securely fastened and structurally sound.
- For electric lifts, make sure batteries are always charged

Lift the Patient

- Lift patient two inches off the surface to make sure patient is secure. Check the following:
- Sling straps are confined on cradle and will not disengage.
- Weight is spread evenly between straps.
- Patient will not slide out of sling or tip backward or forward.
- Check patient's comfort:
- Make sure sling does not pinch or pull patient's skin.
- Ask if patient is comfortable.
- Look for non-verbal signs of discomfort.
- Slowly lift patient, only as high as necessary to complete transfer.
- Check the following:
  - Patient is still comfortable.
  - Sling will not hurt patient's skin.

Lower the Patient

- Use gentle hands-on pressure to guide patient as you slowly move lift toward receiving surface.
- Slowly lower patient toward receiving surface. Move patient's body into correct position on receiving surface before releasing patient's weight.
- Release patient's weight. Do not let cradle hit patient.
- Detach sling from lift using manufacturer's instructions.
- Carefully remove sling from patient's body, if necessary.
- Be careful not to hurt patient's skin.
- Ensure that seated patients do not fall forward as sling is removed.
- If power fails, use the emergency release to lower patient manually.

Patient Lifts at Home

- Keep manufacturer's instructions close to your lift and always follow them.
- Have a back-up plan in case your lift stops working properly.
- When selecting a lift for home use, ensure you have the required number of caregivers needed to operate the lift.
- Keep children and pets away from lift
- Make sure you recognize and understand the alarms and error messages. Always follow through when you hear an alarm.
- Call your supplier or manufacturer if you need help or have a problem with the device.

Sling Care

- Do not share slings between patients unless slings are properly washed and disinfected.
- Disinfect and scrub areas that contact patient's skin.
- Do not bleach. Do not iron. Air dry only. Do not machine dry.
- Throw away used disposable slings.
- Follow manufacturer sanitation and wash instructions.
- Remove metal or plastic reinforcements if required.
- Disinfect slings after every use.
- Do not use slings that are frayed, ripped or have holes. If sling shows signs of wear, replace it immediately.

Patient Lift Care

- Follow manufacturer instructions to clean and disinfect lift.
- Always clean lift before and after each patient use.
- Disinfect all lift surfaces.
- Wipe off traces of disinfectant.
- Clean motor casings and ceiling tracks if using an overhead lift.

Sit-To-Stand Aids

Sara® Stedy

Sara Stedy and Sara Stedy Compact enable a single caregiver to assist patients or residents perform sit to stand transfers throughout the day.

Sara Stedy can support early mobility initiatives by encouraging patients to be active during sitting to standing transfers.

Available in two sizes
Sara Stedy enables a single caregiver to assist sit-to-stand tasks for patients of different sizes and clinical assessments.

Simplified everyday transfers
Sara Stedy and Sara Stedy Compact are non-powered devices.

Product Specifications

Sara Stedy
Designed for patients 149-193 cm (4’11”-6’6”) tall and weighing up to 182 kg (400 lb).

Sara Stedy Compact
Designed for smaller patients, 138-172 cm (4’6”-5’8”) tall and weighing up to 182 kg (400 lb).

Pivoting seat opening
The pivoting seat can be moved out to enable the patient to stand, and provides an angled seated support during the transfer.

Knee support
The knee pad provides support for raising into standing and also to the patient’s legs during the transfer.

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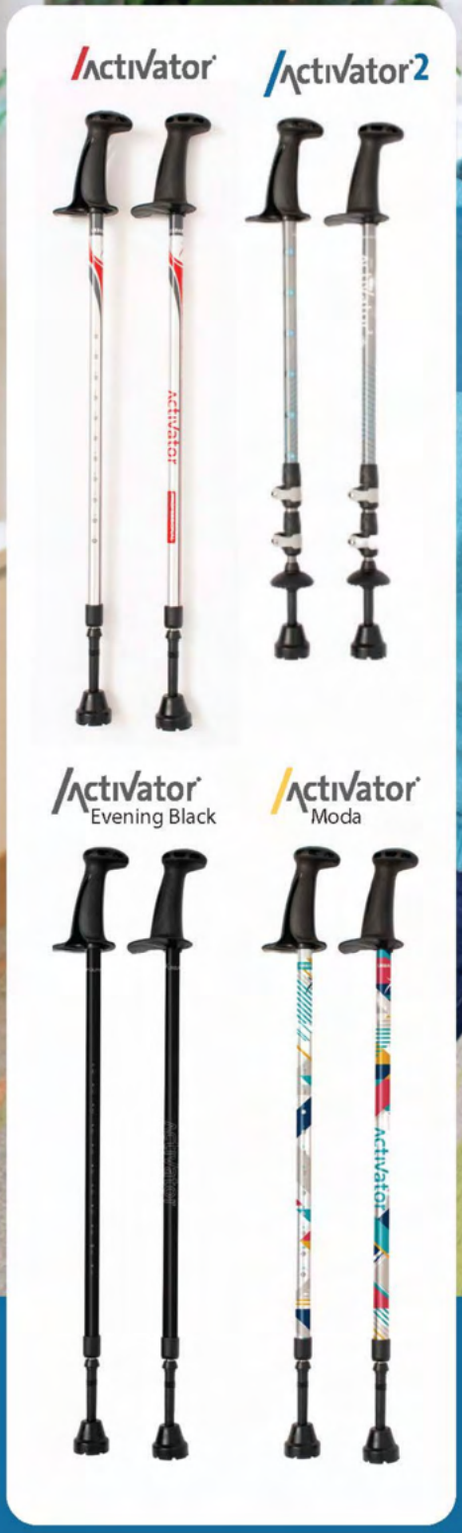
Activator® Poles

URBAN POLING



Empowering Your Journey with Every Step

EASE OF USE CERTIFIED
Arthritis Foundation

Accessories

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Activator® advantage

Designed by an occupational therapist & gerontologist to maximize treatment outcomes.

01 **Ergonomic CoreGrip®** designed for core strengthening to improve balance and off loading.

02 **Secure locking system** with weight bearing capacity 200 lb per pole (90 kg).

03 **Three mechanisms to reduce vibrations** and impact on joints

04 **Height Adjustable** optimal for the convenience of seated and standing exercises.

05 **Bell-shaped tips** - Built for stabilization and better balance.

Activator® video

Activator®& Urban Poles Benefits

PATENTED

EASE OF USE CERTIFIED
Arthritis Foundation

- **Increased** balance, stability & improved posture
- **Reduces** pain through off-loading and reduced impact on back & lower joints
- **Facilitates** gait retraining
- **Increased** walking speed & higher exercise tolerance
- **Promotes** healthy weight management
- **Specialized** & simple exercise program, easily adopted by patient

URBAN POLING

SILVER LININGS HEALTHCARE

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Compression Hosiery Basics

JOBST®
Comfort, Health and Style!

There are three main types of compression socks or stockings:

Graduated compression stockings: With this type of compression stocking, the compression is strongest at the ankle and decreases up toward the knee. This type of stocking is often used for conditions such as peripheral edema or orthostatic hypotension. Graduated compression stockings generally require a doctor's prescription and professional fitting.

Anti-embolism stockings: This type of stocking also features graduated compression that decreases from the ankle upwards, but it is used for people who are not mobile. This type require a doctor's prescription and professional fitting. Anti-embolism stockings can help reduce the chances of developing deep vein thrombosis.

Non-prescription/over-the-counter stockings: This type of compression stocking does not require a prescription and is available at most pharmacies. Support hosiery offers the same level of compression throughout the stocking and can provide relief for tired, achy legs.

Compression socks can be beneficial for many conditions.

- Boosting circulation in the legs
- Decreasing swelling in the legs and ankles
- Improving lymphatic drainage
- Managing orthostatic hypotension
- Preventing blood from pooling in the leg veins
- Preventing deep vein thrombosis in the legs
- Preventing venous ulcers
- Reducing pain related to varicose veins
- Reversing venous hypertension

Compression socks can be useful for other situations, too:

Athletes sometimes wear compression socks on their arms or hands to help improve blood flow and oxygen delivery while they're working out, practicing or during competition. Some athletes also wear compression wraps to help speed up their post-workout recovery.

For someone who is confined to a wheelchair, compression socks can help improve blood flow and reduce swelling in the legs.

Pregnant women who are prone to swelling in their legs, feet or ankles may want to wear compression stockings to reduce chances of swelling. Most pregnant women see the best results with compression socks when they put them on in the morning as a preventative measure, versus putting them on after they've developed swelling.

For people on their feet all day at work, compression socks can help reduce fatigue, pain or swelling by increasing blood and oxygen flow in the legs and feet.

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Compression Measuring Guide

1. Check if this is a Prescription from their physician. If so, follow the physician's orders.

2. Inquire if the resident has a preference of style: Knee High, Thigh High or Pantyhose

3. Go over the various style options of Compression garments available. (Dress, Sport, Fashion Etc.)

4. Do they have a preference for Open Toe or Closed Toe?

5. What colour are they looking for - neutral or colourful?

6. Measure as per the flip side of this flyer for proper sizing

Measuring Tips

- Measure early morning
- Stand or sit with feet flat on floor
- View leg from side to determine widest part of calf

JOBST®

Comfort, Health and Style!

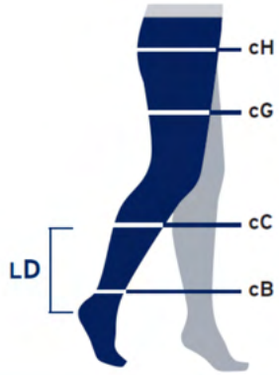
Left Leg

cH: _____ cm
measure around hip - for pantyhose only

cG: _____ cm
widest part of thigh - for thigh high only

cC: _____ cm
measure widest part of calf

cB: _____ cm
measure above ankle bone



Right Leg

cH: _____ cm
measure around hip - for pantyhose only

cG: _____ cm
widest part of thigh - for thigh high only

cC: _____ cm
measure widest part of calf

cB: _____ cm
measure above ankle bone

Sizing Chart

Measurements (cm)	S	M	L	XL	M Tall*	L Tall*	LFC**	XLFC†
Ankle (B)	18-21	21-25	25-29	29-33	21-25*	25-29*	25-30	30-36
Calf (C)	28-38	30-42	32-46	34-50	30-42	32-46	46-61	46-61
Thigh (G)	40-62	46-70	54-78	60-81				
Hip (H)	71-117	76-127	81-137	102-166				
Hip (Maternity)	81-132	86-142	91-152	112-180				
	LD Petite: ≤ 38 cm / Regular: > 38 cm / Tall > 50 cm							
	Petite: ≤ 68.5 cm / Regular: > 68.5 cm							

*for shoe size > 12 **LFC: Large Full Calf †XLFC: Extra-Large Full Calf

Length

Knee High	ID: _____ cm Length measured below crease of knee - for knee high only
Thigh High	IG: _____ cm Length measured from gluteal fold - for thigh high only
Pantyhose	IG: _____ cm Length measured to waist - for pantyhose only

Shoe Size: _____

Need assistance with an assessment? Contact us at Silver Linings Healthcare, we're here to help!

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Medication Management

SILVER FOX PHARMACY

SILVER Scripts

Specialized and experienced in supporting Transitional Care Units and community support organizations

- Free and flexible medication packaging options to promote patient safety and compliance
- A simplified approach to receiving infusion therapy and high-quality custom compounded products
- Dedicated Pharmacists, RN/RPN and Customer Support Representative to support your clients and team
- We manage the transfer of refills & monitor on-going prescription refills to ensure compliance
- Medication delivery right to the clients door
- A wide range of education and in-services to promote best practices in line with your specific needs
- Our customer support team communicates directly with clients and their families & assists with accessing special medication coverage where possible
- We continue to provide medication delivery to those transitioning back into the community from hospital or transitional care

Multi-Dose Blister Package's

Multi-Dose Strip Package

Silver Scripts App

- Order refills
- Upload new prescriptions
- Access to your medication information, at your fingertips!
- Manage medications for the whole family

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Phone: 1-844-909-9274
Email: Team@SilverScripts.ca
Website: www.SilverScripts.ca

Specialty Medication

SILVER Scripts

A simplified approach to receiving infusion therapy and high-quality custom compounded products

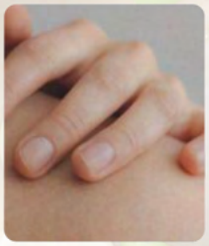
From infusion therapy & non-sterile to sterile compounds, we do it all. Our state-of-the-art facility has been designed to prepare all types of specialty compounds. Whether it be a topical cream for nerve pain or progesterone suppository for hormone replacement, we have it covered!

We specialize in infusion therapy and a wide range of pharmaceutical compounds

Infusion Therapy

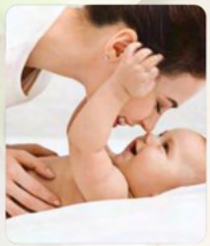
Pain Management

Dermatology



Podiatry

Pediatric



Veterinary

- Our infusion therapy program includes providing IV medications, infusion pumps, IV start kits and other IV related equipment and supplies
- Custom ingredients to accommodate any allergies
- We use high quality active ingredients to ensure efficacy and safety
- We work directly with patients and prescribers to help get the right product for their unique needs
- Our compounding process meets all new provincial and federal pharmacy regulations
- Custom drug strengths and flavours

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Medical Cannabis Solutions

Argento Medical

Offering patients carefully selected high quality Medical Cannabis products for alternative therapy solutions

Our medical cannabis experts support healthcare practitioners, prescribers and pharmacists across Canada and our hands on approach is vital in achieving success when it comes to choosing the right alternative therapy for patients' health and wellness

- We are here to guide our patients to a safe and stress free holistic approach to Medical Cannabis
- Patient support for easy registration
- Wide selection of high quality Medical Cannabis products
- Discreet and safe delivery across Canada
- Consultations with a qualified Medical Practioner specializing in cannabinoid medicine
- Continuing education and support for healthcare practioners
- Easy medical document renewals

We believe in.....

Insight and Innovation

We focus on consistency and positive product results. Our research is continuous and we strive to find the finest cannabis products as they evolve in Canada.

Safety

We offer experienced professionals to assist patients with their natural based medicines and keep safety at the forefront in everything we do.

Compassion

We offer compassionate pricing for qualifying patients, veterans and seniors.

Argento Medical

CONTACT US

Phone: 1-888-742-0062

Email: info@ArgentoMedical.ca

Website: www.ArgentoMedical.ca

SILVER LININGS
HEALTHCARE

Health

Product Rentals

Through our online portal, our customers can order, track, and manage reports for products and rentals for Community Care and Transitional Care.

Access our product codes anytime by scanning the QR code on your mobile device.

SCAN ME

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HEALTHCARE

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MORE INFORMATION

To learn more about any of our services please contact us at

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Scan to view the Silver Linings Healthcare product catalogue

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